



Enjoy Spring Break

Plan for a great week with your kids off school. Choose one of the plans that follow or combine them to suit your family in this season.

Are you ready for spring break? While some folks may be hitting the road or taking to the friendly skies, many of us spend spring break at home, due to budget or calendar constraints.

Staying home doesn't mean you can't have fun! In fact, you can spend a great week with your kids without spending much money at all. This Spring Break Plan (in both indoor and outdoor modes) is just a spring board for all kinds of good times to your children.



this week's plan is full of ideas that get you out of doors, weather permitting.

OUTSIDE

things you might need: snacks, sack lunch, water bottles, sunscreen, hats, sturdy shoes, basket or net bag for collections, binoculars, bubbles, balls, frisbees, water toys, bikes, stroller, grill or fire pit, blankets, board or card games, tent and sleeping bags, letterbox equipment (see link below)

Monday	Pack up a lunch and head for the nearest park, beach, lake, or other green space. Breathe in the fresh air, explore, play, and rest. Go home refreshed.
Tuesday	Spend the day at home, but outdoors. Build a cozy spot or even a fort or other structure to lie and read books together. Play a game in the sunshine. <u>Lie in a hammock</u> or on a blanket and hang out.
Wednesday	<u>Cook and/or eat your meals outside today.</u> You can do this on an outdoor grill or over a fire pit. Be sure to end the day with making s'mores or roasting apples over the fire.
Thursday	Go for <u>a walk or bike ride</u> , exploring the neighborhood and seeing how far you can go via outdoor transportation.
Friday	<u>Visit your local zoo, aquarium, bird sanctuary,</u> petting zoo, or other locale where you can interact with animals in the fresh air.
Saturday	<u>Camp in the backyard tonight.</u> Be sure to watch the sunset and do some stargazing.
Sunday	Go on <u>a letter boxing or geocaching adventure</u> or <u>a nature scavenger hunt</u> , or <u>go hiking as a family</u> . Create a nature display of the things that you collect while you're out, where legal and safe.



INSIDE

things you might need: fun food, new books, cozy blankets, ingredients for cooking, videos, popcorn, art and craft supplies, games, toys, sleeping bags and blankets, home movies and/or scrapbooks.

Monday	Sleep in and celebrate a “fat morning” or grasse matinee, as they say in French. <u>Make a big breakfast</u> , get cozy, and read stories. Play ahead and buy or borrow new books that your kids haven’t read, so that they can easily get engrossed in a new story.
Tuesday	Spend the day <u>in the kitchen with the kids</u> , making fun, tasty messes. If cookies are your family’s thing, then bake and freeze several dozen. Be sure to sample whatever you cook and feast together. Set a pretty table for supper and enjoy the fruits of your labor.
Wednesday	Host a movie marathon and invite your friends over. Ask them to bring their own water bottles and a snack to share. Pop a bunch of popcorn and spend the day enjoying some good flicks. Check out these <u>FishFam recommendations</u> .
Thursday	Get out <u>the art and craft supplies</u> . Yes, <u>even the paints</u> . Spend the morning or afternoon creating a range of masterpieces. Be sure to display them when you’re done and review them together.
Friday	Freebie Friday - let everyone just hang loose, doing whatever it is that they want to do. Pull out games and toys that haven’t seen the light of day for awhile. Be available to DO whatever it is your child(ren) wants to do. Your freebie day will come at a later date.
Saturday	Have a family sleepover tonight, all camping out in one room together. Read stories or watch a movie together.
Sunday	Spend a few hours watching home movies or going through your photo collection. Your kids will love to see you from the olden days, and you’ll be reminded of what a sweet family you have.