

Balancing My {time} Budget

Clip and carry

	Su	M	Tu	W	Th	F	Sa
Sleep	8	8	8	8	8	8	8
Bible/Journaling	.5	.5	.5	.5	.5	.5	.5
Reading	.5	.5	.5	.5	.5	.5	.5
Exercise		.5		.5		.5	
Body	.5	.5	.5	.5	.5	.5	.5
Laundry		.5	.5	.5	.5	.5	.5
Meal Planning / Coupons /Shopping			2	1	1	1	1
Banking/Bills		1					
Housekeeping		1			1	1	1
School		4.5	4.5	4.5	4.5	4.5	
Meal Prep/Meals	3	3	3	1	1	3	3
Margin		2	2	2	2	2	2
Other (includes date night, writing time, family outings, social events)	11.5	2	2.5	5	4	2.5	7
total	24	24	24	24	24	24	24

my day

Sleep - 8 hours
 Bible/Journal - 30 mins
 Reading - 30 mins
 Exercise - 30 mins
 Body - 30 mins
 Laundry - 30 mins
 Coupons/Meal Plan/Shop - 1 hour
 Writing/Blogging - 2 hours
 School - 4.5 hours
 Meal prep/Meals - 3 hours
 Housekeeping - 1 hour
 Margin - 2 hours

24

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	Su	M	Tu	W	Th	F	Sa
total	24	24	24	24	24	24	24

clip&carry

my day

24