

BASIC STOCKING UP SPOTS

Costco		Walmart	
	milk		canned beans
	Cheddar		yogurt
	mozzarella		eggs
	jack cheese		milk
	butter		condiments
	half and half		paper goods
	whipping cream		cleaners
	bell peppers		soaps
	carrots		
	bananas		
	lettuce	Trader Joe's	
	spinach		bacon
	canned tomatoes		sunflower butter
	juice		rice/couscous
	dried beans		rice cakes
	crackers		kefir
	cooking oils		cookies
	baking soda		dried fruit
	vinegar		crackers
	fruit leather		hummus
	bagels		yogurt
	sandwich bread		fancy cheeses
			cream cheese
			sour cream
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