### Easter Brunch Meal Plan

This special Easter Brunch meal plan includes 1 main dishes, 1 side dish, and 1 bread. All recipes can be found at <a href="GoodCheapEats.com">GoodCheapEats.com</a> and <a href="LifeasMOM.com">LifeasMOM.com</a>. Click on the link in this PDF to go directly to the online recipe.



## **Recipes**

• Main Dish: Spicy Turkey Egg Bake (serves 8)

• Side Dish: Seasonal fresh fruit of your choice

• **Bread**: Hot Cross Buns (makes 12)

#### Notes:

- Make your Easter meal a snap with this plan that involves several make-ahead recipes.
  - The Spicy Turkey Egg Bake can be either made the night before and refrigerated OR made farther in advance and then frozen. Just make sure that you thaw it completely before putting it in the oven.
  - Prepare the fruit the night before and keep refrigerated. If you're using fruit that will turn brown, treat it with a lemon juice / water solution or wait until mealtime to chop it up.
  - Bake and frost the buns the night before and then store in an airtight container.
- Choose whichever seasonal fruits that your family prefers and that is in your budget. If you
  need help cutting up fruit, check out these tutorials for cutting melon, pineapple, and
  grapes.
- Take note of the serving sizes and adjust your shopping list as needed.

# **Easter Brunch Shopping List**

Pro	oduce:	
	1/2 cup chopped onion	cinnamon
	seasonal fruit of your choice	nutmeg
	1 lemon (for zest and juice)	ginger
Da	iry:	
	1 cup shredded pepper jack cheese	
	(or Monterey jack if you prefer)	
	8 eggs	
	1/2 cup butter	
	1 cup milk	
	1 cup heavy cream	
	sour cream and/or Greek yogurt (for	
	topping egg bake)	
Βυ	tcher / Deli Case:	
	1 pound ground turkey (or sausage or	
	beef if you prefer)	
Dry	/ / Canned Goods:	
	2 tablespoons chopped green chiles	
	salsa of your choice or <u>ingredients for</u>	
	<u>homemade salsa</u>	
	1/2 cup sugar	
	1 cup powdered sugar	
	3 cups bread flour	
	1 cup whole wheat flour	
	1 tablespoon yeast	
	2 tablespoons raisins	
	2 tablespoons golden raisins	
Sp	ices & Extracts:	
	taco seasoning blend or the following	
	spices to make your own: dried	
	oregano, salt, garlic powder, onion	
	flakes, chili powder, and black pepper)	
	salt	

### **Easter Picnic Meal Plan**

This make-ahead and packable plan includes 1 main dish, 2 side dishes, 1 beverage, and 1 dessert. All recipes can be found at <a href="GoodCheapEats.com">GoodCheapEats.com</a> and <a href="LifeasMOM.com">LifeasMOM.com</a>. Click on the link in this PDF to go directly to the online recipe.



## **Recipes**

• Main Dish: Egg Plus Salad Sandwiches

• Side Dish: Loaded Potato Salad

• Side Dish: Broccoli Slaw with Pecans and Cranberries

• Beverage: Lemonade Like Chick-fil-A Makes

Dessert: Ultimate Carrot Cake

#### Notes:

- This meal plan can all be made ahead of time and packed up for a picnic. You can either assemble the sandwiches at the location or wrap them up individually at home just don't add the vinaigrette until right before serving or they will become very soggy.
- Make sure to pack napkins the vinaigrette is delicious but can be messy!
- Take note of the serving sizes and adjust your shopping list as needed. We've already adjusted the shopping list to make 4 Egg Plus Salad Sandwiches.

# **Easter Picnic Shopping List**

□ 21/4 cups flour

S	hopping List		3 cups sugar
	oduce:		1 cup powdered sugar
	2 1/2 pounds potatoes		1/2 cup dark brown sugar
	2 heads broccoli		1 tablespoon sucanat, brown sugar, or
	1 lb carrots		sugar
	1 red onion		baking soda
	onion slices for sandwiches	•	•
	2 tablespoons lime juice	-	ices:
	1 1/2 cups lemon juice (fresh is best)		salt
	spinach or lettuce for sandwiches		kosher salt
	4 tomatoes		pepper
	1 bell pepper		sweet paprika
	1 cucumber		herbs of choice for vinaigrette cinnamon
			nutmeg
Do	airy:		allspice
	8-12 eggs		ground cloves
	1 cup unsalted butter		vanilla extract
	1 lb. cream cheese		varilla extract
	1 cup plain Greek yogurt		
	1/2 cup grated sharp cheddar cheese		
Bu	tcher / Deli Case:		
	3 slices bacon		
_			
Dr	y / Canned Goods:		
	nonstick spray		
	1 1/4 cup vegetable oil		
	olive oil or sunflower oil for vinaigrette		
	1/2 cup mayonnaise		
	vinegar		
	red wine vinegar		
	4 sub rolls, Kaiser rolls, or 6-inch		
	baguette pieces		
	1 cup pecan pieces		
	1 1/4 cup walnuts or pecans		
	1/3 cup dried cranberries		

### Formal Easter Meal Plan

This formal Easter Ham meal plan includes 1 main dish, 2 side dishes, 1 bread, and 1 dessert. All recipes can be found at <a href="GoodCheapEats.com">GoodCheapEats.com</a> and <a href="LifeasMOM.com">LifeasMOM.com</a>. Click on the link in this PDF to go directly to the online recipe.



## **Recipes**

Main Dish: <u>Ham in the Crockpot</u>

• **Side Dish**: <u>Tastiest Scalloped Potatoes</u> (serves 6)

• Side Dish: Easy Garlic Green Beans (make 2 batches to serve 4)

Bread: Flaky Buttermilk Biscuits (makes 12)

Dessert: Empty Tomb Resurrection Cake

#### Notes:

- Use your imagination with the Empty Tomb Resurrection Cake. If you don't have soldiers, you could also use an angel and female figures. Or, just leave the tomb empty. If you can't find chocolate rocks, you can also make a dirt path with graham cracker crumbs or grass by dying some shredded coconut green.
- Take note of the serving sizes and adjust your shopping list as needed.

## Fancy Easter Meal Shopping List

Produce:		Spices & Extracts:		
	3 pounds russet potatoes		salt	
	2 teaspoons chopped garlic		kosher salt	
			black pepper	
Do	airy:		ground cloves	
	3/4 cup buttermilk			
	1 1/2 cups half and half plus extra for			
	brushing biscuits			
	1/2 cup heavy cream			
	1/3 cup plus 2 tablespoons butter			
Bu	tcher / Deli Case:			
	one large half ham (that fits in your			
	crockpot)			
Fre	ozen:			
	4 cups frozen green beans			
Dr	y / Canned Goods:			
	2 tablespoon olive oil			
	cake mix plus ingredients needed to			
	prepare the batter			
	cake frosting (or <u>ingredients to make</u>			
	your own buttercream)			
	cocoa powder (to tint buttercream)			
	milk chocolate "rocks" for cake			
	decoration			
	1 large cookie for cake decoration			
	2 cups unbleached, all-purpose flour			
	2 teaspoons baking powder			
	1/4 teaspoon baking soda			
	1/2 cup dried cranberries			
	3/4 cup brown sugar			
	1 teaspoon Dijon mustard			
Ве	everages:			
	2 cups apple or apple-grape juice			

## **Shopping List for All Three Easter Meal Plans:**

Pro	oduce:		3 slices bacon
	1/2 cup chopped onion plus extra		one large half ham (that fits in your
	slices for sandwiches		crockpot)
	2 teaspoons chopped garlic		
	5 1/2 pounds potatoes	Fro	ozen Foods:
	2 heads broccoli		4 cups frozen green beans
	1 lb carrots		
	1 red onion	Dr	y / Canned Goods:
	2 tablespoons lime juice		nonstick spray
	1 1/2 cups lemon juice (fresh is best)		2 tablespoons olive oil
	1 lemon (for zest and juice)		olive oil or sunflower oil for vinaigrette
	seasonal fruit of your choice		1 1/4 cup vegetable oil
	4 tomatoes		1/2 cup mayonnaise
	1 bell pepper		1 teaspoon Dijon mustard
	1 cucumber		vinegar for vinaigrette
	spinach or lettuce for sandwiches		2 tablespoons red wine vinegar
			4 sub rolls, Kaiser rolls, or 6-inch baguette
Do	airy:		pieces
	16-20 eggs		2 tablespoons chopped green chiles
	about 1 cup salted butter		salsa of your choice or ingredients for
	1 cup unsalted butter		homemade salsa
	1 cup milk		3 1/2 cups sugar
	3/4 cup buttermilk		2 cups powdered sugar
	1 1/2 cups half and half plus extra for		1/2 cup dark brown sugar
	brushing biscuits		3/4 cup brown sugar
	1 1/2 cups heavy cream		1 tablespoon sucanat, brown sugar, or
	1 cup plain Greek yogurt		sugar
	sour cream and/or Greek yogurt (for		4 1/4 cups all-purpose flour
	topping egg bake)		3 cups bread flour
	1 lb. cream cheese		1 cup whole wheat flour
	1/2 cup grated sharp cheddar cheese		1 tablespoon yeast
	1 cup shredded pepper jack cheese		2 tablespoons raisins
	(or Monterey jack if you prefer)		2 tablespoons golden raisins
			1 cup pecan pieces
Butcher / Deli Case:			1 1/4 cup walnuts or pecans
	1 pound ground turkey for egg bake		about 1 cup dried cranberries
	(or sausage or beef if you prefer)		cake mix plus ingredients needed to
			prepare the batter

# **Shopping List (cont.)**

	agks fracting (or ingradients to make
	cake frosting (or <u>ingredients to make</u>
	your own buttercream)
	cocoa powder (to tint buttercream)
	baking soda
	baking powder
	milk chocolate "rocks" for cake
	decoration
	1 large cookie for cake decoration
Sp	ices:
	taco seasoning blend or the following
	spices to make your own: dried
	oregano, salt, garlic powder, onion
	flakes, chili powder, and black pepper)
	salt
	kosher salt
	black pepper
	sweet paprika
	herbs of your choice for vinaigrette
	allspice
	cinnamon
	ground cloves
	ginger
	nutmeg
	vanilla extract
Ве	verages:
	2 cups apple or apple-grape juice
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